

You are invited to this exclusive event with two leading professionals in the mental health field!

June's focus will be how to deal uncertainty.

Creating a Community of Wholesome Wellness

With

Dr. J. Blattner, PhD & Dr. D. Gluck, EdD

Dr. J. Blattner, PhD & Dr. D. Gluck, EdD have both published multiple books and have a combined experience of over 60 years!

A place where each person's narrative is heard with a combination of techniques used in therapy, yoga, CBT within group support.

55-minute sessions offered

All sessions will be held via zoom

To sign up, please email dgcofficecalendar@gmail.com with your contact information

A Zoom invitation will be sent the day of the scheduled sessions.