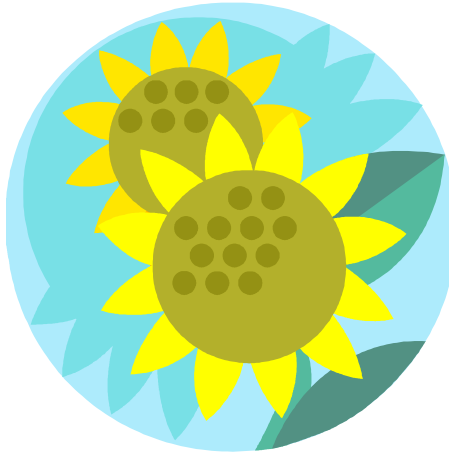


*Special Interest Articles:*

- ❖ Brief letter written by Crystal McLain.
- ❖ Mother's Day Top Ten.
- ❖ Coupon for Old World Spa Mother's Day Specials

1000 Maple Ave.  
Downers Grove IL 60515  
(630) 353-0697



## May is for Mothers!

As Mother's Day comes along this year, it is important to remember our own mothers and how they have taken care of us. Being a mother is a full-time job and involves tasks that are similar to those of a CEO. A mother may have to organize the family, comfort the ill, perhaps clean the house and still make sure everyone is where they need to go.

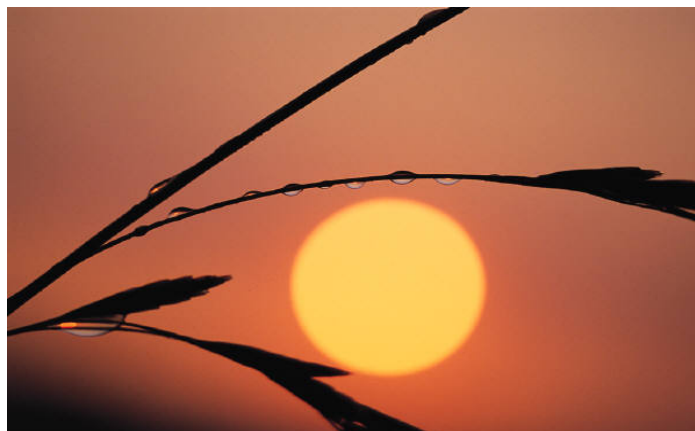
This is particularly hard for single mothers who do not have a significant other to help out around the house. Being a single mother is like having two full-time jobs at the house, along with another job outside of the house to try to support your children. Being a single-mom might be a harder job than even a CEO or a big financial company.

So on this mother's Day, look at your mother and thank her for being a SuperWoman. If you are a mother, take a little time for yourself today. Maybe enjoy a good movie and some popcorn, or treat yourself to some small chocolates.

Moms are important!

"In the long run, we shape our lives and we shape ourselves. the process never ends until we die. and the choice we make are our own responsibility. "  
-Eleanor Roosevelt

Crystal McLain  
D.G. Counseling, Inc.



## Mothers Are:

**M**arvelous

**O**rganized

**T**rustworthy

**H**elpful

**E**nergized

**R**evolutionary

**S**ensitive

**D**ependable

**A**lways loves

”

## Top Ten Gifts Given:

10. Mobile Phone

9. Fruits

8. Jewelry

7. Clothing

6. Picture Frames

5. Lotions

4. Gift Cards

3. Cards

2. Chocolates

1. Flowers

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“God could not be everywhere at once, therefore he made mothers”  
-Jewish proverb

D.G. Counseling  
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Old World Spa in Downers Grove  
Pamper her this Mother's day!

This special day will include: hydrating facial,  
choice of body wrap, manicure and pedicure.  
1-630-725-9075

