

2 0 0 9 J U N E E D I T I O N

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“THE UNEXAMINED LIFE IS NOT WORTH LIVING” -SOCRATES



What Is a man?

*A man is what he
makes of himself*

✘ Attention ✘

New by Robert Bollendorf and our very own Donna Gluck. Two new novels entitles Autumn Snow and Witch of Winter. Pick them up today and follow the story of a family overcome with addictions.

Grandfather, dad, son, uncle, nephew, brother, All of these titles have on thing in common, they are all men. Different ages, with different experiences and different walks of life, yet they are all apart of the male gender. A man, like any human being has the ability to feel a wide range of emotions. Yet, if we look at

what the media tells us, men are supposed to be the “Media Male”. This individual is only supposed to show strong emotions. To be Charles Atlas with the weight of the world on his shoulders and never ever ask for any help from anyone. He can do it himself.



A personal story: For the last 25 years I have had a father. I have know his name and where he lived as a boy, and I knew what he liked to do for fun. Yet, through this entire time, I did not know my father. I did not know his fears, his dreams, his life story, how he felt, what made him cry. This was something that made me ask myself, who is my father. After a time of contemplating how I should go about finding out who this man in my life was I saw him cry. This was a shock for me because this was something I had never seen. The man I had called Dad all my life was doing something that men were not supposed to do, to cry. I was concerned at this point and decided to flat out ask him who he was. At first he did not



know how to respond to my question. So that night we went out and had dinner, just father and son. This then became a weekly tradition between us, and through hundreds of questions father and son finally knew each other, We were surprised at each others pains, happiness, dreams, and fears. All of this happening by asking one simple question. Who are you?



Throw Out a Challenge

How well do you know you father or son? Have you ever taken the time to sit down and ask? Let me say that it is never too late to do so. By just asking the simple question you can learn so much about someone. As men our fathers impact who we are, we learn from them whether we like it or

not. A good father/son relationship is not afraid to show, what society calls, “weakness” to each other. The real strength of a man is what is in his heart and in his head. I challenge you to reflect on what kind of man you portray to others. Are you the media man who is what he is expected to be or the genuine human being? I challenge you to look at the broad spectrum of your emotions instead of having tunnel vision.

